



Strength and Dignity Dietetics, LLC
Educating. Encouraging. Empowering



Regain your strength and dignity with healthy weight-loss plans and coaching from our Registered Dietitian Nutritionist.

HEALTHY WEIGHTLOSS

-  *Real Foods*
-  *Individualized Plans*
-  *Monitoring & Accountability*

Kassidy Wren, RDN, LDN.

Contact info: 423-305-3028

www.StrengthandDignityDietetics.com

Kassidy@StrengthandDignityDietetics.com

